

County Championships **2012**

ENTRY INFORMATION

We now have **County Championship** qualifying times. To swim at the championships you have to have achieved a “qualifying time” All times to have been achieved between **24/4/2011 – 8/1/2012** in open competition (no splits), club competition or official club Trials, these are now displayed on the notice board. The County Championships are held during two weekends in the months of February and March. Age is at last day of Championships **11/3/2012** programme of events, qualifying times and printable entry forms will be available on our club web site from December, these will all so be posted on the notice board. To swim at County level is a great achievement!

Entry forms to be handed to Julia no later then 9th January 2012.

Cheque made payable to Evesham swimming club.

STRICTLY NO LATE ENTRIES

Julia or Lorraine will be at the club on:

Monday Evening
Wednesday Morning
Friday Morning
To collect entry forms.



WORCESTER COUNTY SWIMMING ASSOCIATION COUNTY CHAMPIONSHIPS 2012

HEREFORD – Saturday 4 th February				Hereford – Sunday 12 th February			
Session 1 - 10.00am Warm-up				Session 2 - 10.00am Warm-up			
1	(M/L)	800m Freestyle	HDW	2	(M/L)	1500m Freestyle	HDW
Wolverhampton – Saturday 25th February							
Session 3 – 9.00am Warm up				Session 5 – 4.00pm Warm up*			
3	(M)	100m Individual Medley	HDW	11	(M)	100m IM County Championship	Final
4	(L)	200m Breaststroke	HDW	12	(L)	50m Backstroke County Championship	Final
5	(M)	100m Butterfly	Heats	13-20	(L)	50m Backstroke Age Groups	Finals
6	(L)	50m Backstroke	Heats	21	(M)	100m Butterfly County Championship	Final
Session 4 – 12.00pm Warm up*				22-28	(M)	100m Butterfly Age Groups	Finals
7	(M)	200m Freestyle	HDW	29	(L)	100m Butterfly County Championship	Final
8	(L)	100m Butterfly	Heats	30-36	(L)	100m Butterfly Age Groups	Finals
9	(M)	50m Backstroke	Heats	37	(M)	50m Backstroke County Championship	Final
10	(L)	400m Individual Medley	HDW	38-45	(M)	50m Backstroke Age Groups	Finals
Wolverhampton – Sunday 26th February							
Session 6 – 9.00am Warm up				Session 8 – 4.00pm Warm up*			
46	(L)	100m Individual Medley	HDW	54	(L)	100m IM County Championship	Final
47	(M)	200m Breaststroke	HDW	55	(M)	50m Butterfly County Championship	Final
48	(L)	100m Backstroke	Heats	56-63	(M)	50m Butterfly Age Groups	Finals
49	(M)	50m Butterfly	Heats	64	(L)	100m Backstroke County Championship	Final
Session 7 – 12.00pm Warm up*				65-71	(L)	100m Backstroke Age Groups	Finals
50	(L)	200m Freestyle	HDW	72	(M)	100m Backstroke County Championship	Final
51	(M)	100m Backstroke	Heats	73-79	(M)	100m Backstroke Age Groups	Finals
52	(L)	50m Butterfly	Heats	80	(L)	50m Butterfly County Championship	Final
53	(M)	400m Individual Medley	HDW	81-88	(L)	50m Butterfly Age Groups	Finals
Wolverhampton – Saturday 10th March							
Session 9 – 9.00am Warm up				Session 11 – 4.00pm Warm-up*			
89	(L)	400m Freestyle	HDW	97	(L)	50m Freestyle County Championship	Final
90	(M)	100m Breaststroke	Heats	98-105	(L)	50m Freestyle Age Groups	Finals
91	(L)	50m Freestyle	Heats	106	(M)	100m Breaststroke County Championship	Final
92	(M)	200m Backstroke	HDW	107-113	(M)	100m Breaststroke Age Group	Finals
Session 10 – 12.00pm Warm-up*				114	(L)	100m Breaststroke County Championship	Final
93	(L)	200m Individual Medley	HDW	115-121	(L)	100m Breaststroke Age Groups	Finals
94	(M)	50m Freestyle	Heats	122	(M)	50m Freestyle County Championship	Final
95	(L)	100m Breaststroke	Heats	123-130	(M)	50m Freestyle Age Groups	Finals
96	(M)	200m Butterfly	HDW				
Wolverhampton – Sunday 11th March							
Session 12 – 9.00am Warm up				Session 14 – 4.00pm Warm-up*			
131	(M)	400m Freestyle	HDW	139	(M)	50m Breaststroke County Championship	Final
132	(L)	100m Freestyle	Heats	140-147	(M)	50m Breaststroke Age Groups	Finals
133	(M)	50m Breaststroke	Heats	148	(L)	100m Freestyle County Championship	Final
134	(L)	200m Backstroke	HDW	149-155	(L)	100m Freestyle Age Groups	Finals
Session 13 – 12.00pm Warm up*				156	(M)	100m Freestyle County Championship	Final
135	(M)	200m Individual Medley	HDW	157-163	(M)	100m Freestyle Age Groups	Finals
136	(L)	50m Breaststroke	Heats	164	(L)	50m Breaststroke County Championship	Final
137	(M)	100m Freestyle	Heats	165-172	(L)	50m Breaststroke Age Groups	Finals
138	(L)	200m Butterfly	HDW				

Warm up times to be confirmed after entries are processed.

The promoter reserves the right to restrict entries for good gala management.*

Closing Date for the Distance Events Thursday 14th December 2011 12 Mid Day

Closing Date: Friday 13th January 2012 12 Mid Day

All entries must be submitted through your **Club Swimming Representative**

Qualifying Times must have been achieved between 24/04/2011 – 8/01/2012 (Relay splits are not acceptable as QT)

ALL Ages will be on the LAST DAY of the Championship and Age Groups Competitions - 11/03/2012



WORCESTER COUNTY SWIMMING ASSOCIATION

Qualifying Times - County Championships 2012

BOYS								
EVENT	9	10	11	12	13	14	15/16	17/ov
50m Freestyle	40.7	38.0	35.9	33.9	32.1	30.4	29.1	27.8
100m Freestyle		1:23.7	1:18.6	1:13.9	1:09.5	1:06.0	1:03.5	1:00.5
200m Freestyle	3:17.6	3:01.1	2:50.7	2:40.7	2:31.5	2:23.7	2:18.2	2:11.9
400m Freestyle	7:05.0	6:18.0	5:53.3	5:34.0	5:16.4	5:01.5	4:50.1	4:36.7
800m Freestyle				11:41.1	11:01.8	10:31.3	10:08.4	9:40.2
1500m Freestyle				22:01.7	20:52.8	19:55.5	19:14.0	18:21.9
50m Breaststroke	53.2	49.6	46.5	43.7	40.7	38.6	36.8	35.0
100m Breaststroke		1:49.0	1:41.0	1:34.6	1:28.1	1:23.4	1:19.7	1:15.6
200m Breaststroke	4:11.9	3:53.6	3:37.1	3:24.3	3:11.1	3:00.3	2:52.8	2:44.0
50m Butterfly	45.9	42.4	39.6	37.5	35.3	33.4	31.7	30.1
100m Butterfly		1:36.8	1:28.5	1:22.7	1:17.3	1:12.9	1:09.5	1:06.0
200m Butterfly	4:02.1	3:32.0	3:13.8	3:02.5	2:51.1	2:41.5	2:31.8	2:23.9
50m Backstroke	46.9	43.6	41.2	39.0	36.5	34.8	33.1	31.5
100m Backstroke		1:35.5	1:28.4	1:23.3	1:18.0	1:13.6	1:10.3	1:06.7
200m Backstroke	3:38.5	3:21.6	3:08.9	2:58.3	2:47.5	2:38.3	2:31.6	2:24.9
200m Individual Medley	3:43.9	3:27.0	3:12.9	3:02.2	2:51.9	2:42.1	2:35.5	2:28.3
400m Individual Medley	8:02.6	7:24.4	6:49.5	6:24.5	6:03.7	5:43.5	5:28.7	5:14.1
100m Individual Medley	1:44.7	1:37.2	1:31.8	1:26.7	1:21.3	1:16.6	1:13.4	1:09.4

GIRLS								
EVENT	9	10	11	12	13	14	15/16	17/ov
50m Freestyle	41.1	38.5	36.5	34.7	33.3	32.4	31.7	31.3
100m Freestyle		1:24.6	1:18.7	1:14.3	1:11.5	1:09.5	1:08.3	1:06.9
200m Freestyle	3:19.5	3:02.3	2:51.3	2:41.3	2:34.8	2:30.7	2:27.7	2:24.2
400m Freestyle	7:11.4	6:22.2	5:52.9	5:33.0	5:20.5	5:12.5	5:06.2	5:00.5
800m Freestyle			12:09.5	11:29.0	10:58.3	10:40.8	10:31.0	10:21.0
1500m Freestyle			23:28.0	22:10.0	21:10.1	20:51.7	20:23.0	19:58.0
50m Breaststroke	54.2	50.0	46.7	44.0	42.1	40.8	39.8	39.1
100m Breaststroke		1:49.9	1:41.1	1:35.3	1:30.5	1:27.1	1:25.7	1:23.7
200m Breaststroke	4:14.1	3:53.1	3:37.1	3:24.4	3:14.3	3:08.0	3:04.8	3:01.4
50m Butterfly	46.5	42.4	40.1	37.9	36.4	35.2	34.4	33.9
100m Butterfly		1:37.0	1:28.8	1:23.1	1:19.7	1:16.8	1:15.6	1:13.8
200m Butterfly	4:05.6	3:35.1	3:15.5	3:02.4	2:53.9	2:47.9	2:44.2	2:40.3
50m Backstroke	47.3	43.8	41.4	39.3	37.7	36.5	35.9	35.1
100m Backstroke		1:36.1	1:28.8	1:23.5	1:19.8	1:17.6	1:15.8	1:14.5
200m Backstroke	3:40.7	3:23.9	3:08.1	2:57.9	2:50.8	2:46.1	2:42.1	2:38.2
200m Individual Medley	3:45.9	3:27.6	3:13.2	3:02.2	2:55.2	2:50.0	2:46.7	2:43.1
400m Individual Medley	8:00.3	7:24.4	6:47.4	6:23.3	6:06.8	5:56.5	5:49.8	5:43.0
100m Individual Medley	1:46.2	1:36.1	1:32.0	1:27.1	1:23.2	1:21.2	1:19.6	1:17.7

The Promoter reserves the right to further restrict entries for good Gala management

**Age as at 11th March 2012 - All times to have been achieved between 24/4/2011 – 8/1/2012
in Open Competition (no splits), Club Competition or Official Club Time Trials.**

Closing Date – 13th January 2012 For Main Championship in Feb & March

All entries must be submitted through your Club's Swimming Representative



County Championship & Age Group Competitions 2012
Entry Form - Age as at 11 March 2012

Please ensure this form is completely and correctly submitted otherwise it will be rejected

Club				
Male		Female		ASA Number

Surname		Forenames	
Address			
POSTCODE		DOB	

Event	Time Achieved	Date Achieved (Between 24/04/2011 – 12/01/2012)	Competition & Venue
50m Freestyle			
100m Freestyle			
200m Freestyle			
400m Freestyle			
50m Backstroke			
100m Backstroke			
200m Backstroke			
50m Breaststroke			
100m Breaststroke			
200m Breaststroke			
50m Butterfly			
100m Butterfly			
200m Butterfly			
100m IM			
200m IM			
400m IM			
No of Events		@ £5 per event	Total Amount due

I hereby declare that these particulars are correct and that I am an amateur in accordance with the laws of the ASA and abide by the conditions laid down by the Association for this competition.

SIGNATURE OF SWIMMER: _____

I certify that the information given is correct and that the swimmer is eligible and has reached the standard of the ASA Competitive Start Award.

SIGNATURE OF NOMINATED REP: _____ **DATE:** _____

All swimmers must be under the supervision of the club coach or a designated club official at all times during warm ups, in competition and whilst in the vicinity of the pool.

All entries must be submitted electronically by your Club's Swimming Representative by the

Closing Date: 13 January 2012

Paper Back copies by the 17th January 12md

Please send to

Andy Macbeth 43 Vimiera Close Norton Worcester WR52QP



County Championship & Age Group Competitions 2012
Entry Form - Age as at 11 March 2012

Please ensure this form is completely and correctly submitted otherwise it will be rejected

Club					
Male		Female		ASA Number	

Surname			Forenames			
Address						
POSTCODE				DOB		

Event	Time Achieved	Date Achieved (Between 24/04/2011 – 12/01/2012)	Competition & Venue
800m Freestyle			
1500m Freestyle			
No of Events		@ £5 per event	Total Amount due

I hereby declare that these particulars are correct and that I am an amateur in accordance with the laws of the ASA and abide by the conditions laid down by the Association for this competition.

SIGNATURE OF SWIMMER: _____

I certify that the information given is correct and that the swimmer is eligible and has reached the standard of the ASA Competitive Start Award.

SIGNATURE OF NOMINATED REP: _____ DATE: _____

All swimmers must be under the supervision of the club coach or a designated club official at all times during warm ups, in competition and whilst in the vicinity of the pool.

All entries must be submitted electronically by your Club's Swimming Representative by the
Closing Date: 14 December 2012

Paper Back copies by the 17th December 12md

**Please send to
Andy Macbeth
43 Vimiera Close
Norton
Worcester
WR52QP**