

We Need YOUR Help!!



We would like to raise funds for equipment - floats for the junior members and heart-rate monitors and pace timers for the older, more competitive squads.

To do this we are going to pack shopping bags for Tesco customers on Saturday 27th March between 11.30am and 2.30pm.

Please can you spare an hour to come and help. We need to cover 12 tills with 2 people packing on each till.

For the younger squads of Seals and Dolphins we would like the parent and child to work together on a till.

Please email me (kperry@emergecoaching.co.uk) to let me know the 'shift' you can help with.

Thank you

Kathryn