

Worcester County Swimming Association (WCSA)
Worcester County Sprints 2010

Promoters Conditions

ASA Laws & ASA Technical Rules (Affiliated to West Midland Region ASA & Worcester County SA)

1. All entrants must be registered members of a Club affiliated to WCSA and amateurs as defined by ASA Laws.

2. Entries must be on correctly completed forms (photocopies accepted) and sent in by the Club's nominated Swimming Representative and accompanied one club cheque - individual events: £4.50. **Entries must be returned together with the entry fee by midnight Friday 17th September 2010 to:**

**Stewart Nicklin
16 Saddlers Close
Halesowen
B63 2DG**

Electronic entries are asked from clubs with more than 5 swimmers competing. Please send your electronic entry files to stewart.nicklin@btinternet.com

3. A list of acceptances and rejections will be sent to each Club's Swimming Representative approximately two weeks before the gala; all amendments should be notified to the promoter as soon as possible.

4. Ages as at day of competition (Sunday 3rd October 2010).

5. This meet will be licensed at Level 2.

6. The promoters reserve the right to refuse any entry. Submitted times must be personal best times (achieved in a 25m pool or converted accordingly).

7. The swimmers entry times must be faster than the qualifying times (lower qualifying times) and no faster than the upper limit times.

8. The Promoter reserves the right to further restrict entries for good gala management.

9. No refunds will be made to competitors who withdraw after advice of acceptance.

10. County Coaches' passes will be used and can be purchased prior to the gala from the County Treasurer.

11. All swimmers, ASA 16 & under must be under the supervision of the Club Coach (or a designated Club Official) in possession of a poolside pass, at all times, during warm-ups, in competition and while in the vicinity of the pool.
12. Club registration forms will be sent to each Club's Swimming Representative prior to the gala; these must be completed and handed in 15 minutes after the start of warm-up.
13. Heats may have 'over the top' starts.
14. The order of events may be changed at the discretion of the referee.
15. Entries will be seeded into heats from submitted times, with the slowest heat first.
16. All events, apart from the skins will be heat declared winners. Awards will be given for the top 3 places in each age group. The groups are - 13 Yrs and under, 14, 15/16. 17-24 and 25Yrs +.
17. The fastest swimmers (equal to the number of lanes available) from both the male and female 100m Individual Medley events will go forward to a separate Mixed Stroke Skins 50m final event.
18. The Skins events will take the following form:
 - 18.1. The number of rounds will be one less than the number of lanes available. There will be 90 seconds between each round, alternating male/female.
 - 18.2. The slowest swimmer in each race is eliminated.
 - 18.3. The stroke for each 50m will be drawn by the referee for the 1st 50m of each the male and female skins. All subsequent 50m swims will be drawn by the swimmer being eliminated.
 - 18.4. Each swimmer is allocated a lane in which they remain for all the rounds until the final round; in the final round the two remaining swimmers are allocated the centre lanes of the pool.
 - 18.5. It is the duty of the swimmer to be at the start on time for the next round and to get on the blocks.
 - 18.6. The Chief Timekeeper will time the intervals between the races; and inform the starter when it is time to give the 10 second warning and the start of the next round at 90 seconds.
 - 18.7. In the event of a disqualification, no other swimmer will be eliminated.
 - 18.8. If the last two swimmers in a race are equal, neither are eliminated; both proceed to the next round when the two slowest swimmers will be eliminated.
19. For the Skins final there will be cash prizes. Any competitor disqualified will not receive an award for that event.
20. In line with ASA guidelines and recommendations any 9 or 10-year-old swimmer who does qualify to swim 100m FC, BK, BRST or FLY will not be allowed to swim.
21. The promoters reserve the right to amend these conditions as necessary.
22. The event is run under ASA Laws and ASA Technical Rules, and the ASA Laws on Open Competitions shall cover any laws not covered by the promoter's conditions.



Worcester County Swimming Association Worcester County Sprints

Please ensure this form is completely and correctly submitted otherwise it will be rejected

Club					
Male		Female		ASA Number	
Surname				Forenames	
Address					
POSTCODE				DOB	
Event	Time Achieved	Event	Time Achieved		
50m Freestyle		100m Freestyle			
50m Breaststroke		100m Breaststroke			
50m Backstroke		100m Backstroke			
50m Butterfly		100m Butterfly			
100m IM					
No of Events		@ £4.50 per event	Total Amount due		

I hereby declare that these particulars are correct and that I am an amateur in accordance with the laws of the ASA and abide by the conditions laid down by the Association for this competition.

During the event a Worcester County Swimming Association photographer may take photographs during the medal ceremonies and the event. If you do not want your child to be photographed please can tick box below and sign next to it please. Signature: _____.

SIGNATURE OF SWIMMER: _____

I certify that the information given is correct and that the swimmer is eligible and has reached the standard of the ASA Competitive Start Award.

SIGNATURE OF NOMINATED REP: _____ **DATE:** _____

All swimmers must be under the supervision of the club coach or a designated club official at all times during warm ups, in competition and whilst in the vicinity of the pool.

All entry forms must be submitted through your Club's Swimming Representative, with one Club Cheque by Friday 17th September 2010.

The Promoter reserves the right to further restrict entries for good Gala management

Please post the entries to Stewart Nicklin, 16 Saddlers Close, Halesowen, B63 2DG
Electronic Entries to: stewart.nicklin@btinternet.com



Worcester County Swimming Association

Worcester County Sprints

(Under ASA Laws and Technical Rules)

Qualifying times (Lower cut off times)

(*Any 9 or 10 Yr old (AOD) who has a 100m qualifying time can not swim the event in line with ASA guidelines)

Male					
EVENT	13 Yrs and under	14 Yrs	15/16 Yrs	17-24 Yrs	25 Yrs +
100m Freestyle	1:15.1*	1:10.4	1:07.4	1:07.4	No time
50m Freestyle	35.0	32.7	31.2	31.2	
100m Breaststroke	1:35.0*	1:28.7	1:24.7	1:24.7	
50m Breaststroke	44.2	41.3	39.3	39.3	
100m Butterfly	1:23.7*	1:17.6	1:13.8	1:13.8	
50m Butterfly	38.5	35.8	33.9	33.9	
100m Backstroke	1:24.4*	1:18.3	1:14.8	1:14.8	
50m Backstroke	39.8	37.3	35.4	35.4	
100m Individual Medley	1:27.8	1:21.7	1:18.0	1:18.0	
Female					
EVENT	13 Yrs and under	14 Yrs	15/16 Yrs	17-24 Yrs	25 Yrs +
100m Freestyle	1:16.3*	1:14.1	1:13.1	1:13.1	No time
50m Freestyle	35.5	34.5	34.0	34.0	
100m Breaststroke	1:35.6*	1:32.1	1:31.0	1:31.0	
50m Breaststroke	44.8	43.4	42.6	42.6	
100m Butterfly	1:24.2*	1:21.2	1:20.5	1:20.5	
50m Butterfly	38.7	37.5	36.9	36.9	
100m Backstroke	1:24.5*	1:22.2	1:20.7	1:20.7	
50m Backstroke	40.1	39.0	38.5	38.5	
100m Individual Medley	1:28.0	1:25.8	1:24.5	1:24.5	

Upper cut off times

Male					
EVENT	13 Yrs and under	14 Yrs	15/16 Yrs	17-24 Yrs	25 Yrs +
100m Freestyle	59.1	57.0	55.5	53.8	No time
50m Freestyle	27.7	26.6	25.7	24.0	
100m Breaststroke	1:15.1	1:12.1	1:09.7	1:07.3	
50m Breaststroke	35.0	33.7	32.4	30.1	
100m Butterfly	1:06.3	1:03.1	59.8	56.9	
50m Butterfly	30.6	29.2	28.0	25.9	
100m Backstroke	1:06.8	1:03.7	1:00.4	57.6	
50m Backstroke	31.7	30.5	29.3	26.7	
100m Individual Medley	1:09.6	1:06.5	1:04.4	1:00.1	
Female					
EVENT	13 Yrs and under	14 Yrs	15/16 Yrs	17-24 Yrs	25 Yrs +
100m Freestyle	1:02.0	1:00.9	59.4	58.4	No time
50m Freestyle	29.0	28.5	28.0	26.8	
100m Breaststroke	1:18.0	1:15.7	1:14.7	1:12.4	
50m Breaststroke	36.6	35.8	35.1	33.5	
100m Butterfly	1:08.7	1:06.9	1:05.8	1:03.2	
50m Butterfly	31.7	31.0	30.4	28.8	
100m Backstroke	1:08.7	1:07.6	1:06.0	1:04.4	
50m Backstroke	32.8	32.1	31.8	30.1	
100m Individual Medley	1:11.8	1:10.7	1:09.7	1:06.6	



Worcester County Swimming Association Worcester County Sprints

(Under ASA Laws and Technical Rules)

Open to Clubs affiliated to Worcester County Swimming Association

Sunday 3rd October 2010 at Wolverhampton

Program of Events

Session 1		Session 2	
Event Number	Event	Event Number	Event
1	Girls 100m IM	19	Boys 100m IM
2	Female Masters 100m IM	20	Male Masters 100m IM
3	Boys 100m FC	21	Girls 100m FC
4	Male Masters 100m FC	22	Female Masters 100m FC
5	Girls 50m Backstroke	23	Boys 50m Backstroke
6	Females Masters 50m Backstroke	24	Males Masters 50m Backstroke
7	Boys 50m Breaststroke	25	Girls 50m Breaststroke
8	Male Masters 50m Breaststroke	26	Female Masters 50m Breaststroke
9	Girls 100m Freestyle	27	Boys 100m Freestyle
10	Female Masters 100m Freestyle	28	Male Masters 100m Freestyle
11	Boys 100m Butterfly	29	Girls 100m Butterfly
12	Male 100m Butterfly	30	Female 100m Butterfly
13	Girls 50m Breaststroke	31	Boys 50m Breaststroke
14	Female 50m Breaststroke	32	Male 50m Breaststroke
15	Boys 50m Backstroke	33	Girls 50m Backstroke
16	Male 50m Backstroke	34	Female 50m Backstroke
17	Girls 100m Butterfly	35	Boys 100m Butterfly
18	Female 100m Butterfly	36	Male 100m Butterfly
Final	Girls Open Mixed Stroke Skins	Final	Boys Open Mixed Stroke Skins

**The Promoter reserves the right to further restrict entries
for good Gala management**

Age as at 3rd October 2010.

Closing Date - Friday 3rd September 2010.

**All entries must be submitted through your Club's Swimming Representative
Julia Annis All cheques payable to Evesham swimming club please.**