

EVESHAM SWIMMING CLUB

NEWSLETTER

JUNE 2011

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Chairman's Rambling

Hello and Goodbye,

This will be my last "Chairman's Ramblings" and I'm sure your next Chairman won't ramble quite as much as me! Just a couple of things to highlight to you:

AGM & Presentations – details are elsewhere on the newsletter – please, please come along, we really don't try to bore people to death or force you to join the committee. I can promise that it will be interesting and informative and that there will be chocolates present (if that will encourage you to come). We are aware that on the Monday we have children swimming at different sessions, so please come and go as suits.

FESTIVAL OF SPORT – I hope some of you have started to see the logo popping up around Evesham – I would recommend having a look at the website www.festivalofsport.com. We are very much part of this and will be hosing our own Festival of Sport Gala to celebrate it. Julia will be re-emailing forms, so please get a team together. We are using this event also to celebrate our CENTENARY. On Saturday 23rd July we are having a Picnic in the Park / Games Afternoon down at the park before the Festival of Sport presentations. It is very laid back, if the weather is rubbish it will be very curtailed or possibly cancelled, if the weather is great, we will be there all afternoon. Bring your own food and we'll have the games. Again there is more info on this elsewhere in the newsletter.

Now, down to the rambling... The Brodie Clan moved to Evesham from north of Aberdeen about 10 years ago, on a Sunday during the Easter holidays. On the Monday we were poolside, watching the kids try-out when someone asked David if he would like to join the Committee. His answer was "No, but I know someone who might ..." and that was it, I was a member of ESC committee. I have never regretted it, and I have met some fantastic parents and even more, some fantastic swimmers. ESC is very much a family orientated club, once your child is in – you are all in.

Thank you, all of you, for all your help during my various positions on the committee and the coaches for what you have done for my kids. Thanks to you all again for all your support with Cameron, I shall try to keep you updated with what's happening there.

I wish ESC and all the swimmers all the very best for the next 100 years and I look forward to hearing all about your exploits from Loren who will still be coaching, Inez swimming and of course our local Evesham Journal (!).

Much love to you all,

Mirren

AGM

- Keep the date - **27th June at 6pm** at the Leisure Centre. We will be having a presentation by the Chair and Head Coach followed by a Question and Answer Session then the AGM. This year we have also asked someone to speak from the West Midlands ASA (Amateur Swimming Association) which will give an insight into the bigger picture of swimming. Due to the different sessions on a Monday, this is very much a "drop in" event and we will do our best to answer questions at any point through the presentations.

If you can't make it - we will be holding a similar presentation and Q&A session on the previous Saturday, specifically aimed at the younger swimmers. **25th June at 1pm** at the Leisure Centre.

Evesham Swimming Club is YOUR club, please come along and let us know what we are doing right and what we can improve, and of course this is your opportunity to offer to help.

Children's Parties catered for at Evesham Leisure Centre

Children's Party Box £2.95 each
to include the use of café rivers
or one of the studios

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Website

- We have a new website!
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- Thank you to Joe Hirst, Swimming Hippo for putting in loads and loads and loads of time to make us a lovely shiny new website. We will be showcasing it at the AGM and it looks fantastic – I'm sure you will all be very impressed. Hopefully it will be going live shortly after that.
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- We have advertising space on the website, although I will warn you that this is going fast!! Prices range from £25 - £50 pa depending on position. (We still have advertising available on the website at £50 pa) Contact Vanessa Dufty on vanessa@goodflexrubber.com.



Happy children love to learn!

-  **Full day, am & pm sessions**
(9am-12pm, 12pm-3pm & 9am-3pm)
-  **Free places from 2yrs+**
(ask us for details)
-  **Experienced staff**



Chapel Gatehouse,
Oat Street, Evesham
07714 308169

LEAPS & BOUNDS
PRE-SCHOOL





CHAIRPERSON needed urgently

Mirren will be retiring as Chairperson at the AGM on Monday 27th June. We urgently need to find a new Chairperson as the constitution states that the swimming club cannot continue without one.

We have been very successful in recruiting lots of new members to the committee in a variety of roles. But this role remains unfilled. Mirren is happy to give a very full induction and handover to her successor and will help the new person to settle into the role.

Key duties include:

- leading meetings within the club, and being responsible for key decision making in consultation with other committee members
- chairing meetings of the committee once a month
- preparing the agenda for club meetings, in association with the club secretary
- representing the club at external meetings when required (only 2-3 times a year)
- supporting committee officers and other club personnel as needed
- presenting the club's annual report, in association with the club Treasurer at the AGM
- ensuring that club statutory documents and other returns are administered

Skills and qualities required:

- Enthusiasm for the Club and desire for the children to enjoy their time with us
- Ability to control meetings, ensuring everyone has the opportunity to present their views

If you would like to know more or are willing to volunteer please contact the Club Secretary Kathryn Perry on kathrynperry.perry@virgin.net

PGL FINALS

On June 11th a team of our swimmers travelled to Gloucester GL1 to compete in the PGL finals for the second year in a row (a great achievement)

Everyone swam incredibly hard and the atmosphere was brilliant with the loudest screams for the cannons at the end almost deafening!

This year the competition was very hard and our swimmers did well to finish in 7th place.

I took some photos but as they were only on my phone and the swimmers spirits were high they are a bit blurry around the edges however I hope they capture some of the atmosphere!!!

Well done all who took part in the PGL league (including those who could not make the Finals)

Thank You

The Coaching team

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Evesham Success at Midland Districts

The Midland District Swimming Championships draw swimmers from both East & West Midlands. There are Youth Championships for the older swimmers and Age Group for the younger swimmers. It is a massive achievement to qualify for the Midland Districts, which take place in the 50m (Olympic distance) Coventry pool.

Cara Lee (15) attended the Youth Districts on 30th April, swimming 50m Backstroke, achieving a new long course PB time of 35.44 seconds.

Chloe Golding (12), Chloe Mabbett(12), Yasmin Boff(11) and Harry Bamforth(10) qualified for the Age Group Districts.

Harry attended on all 4 days (4/5th & 11/12th June). His first race was the daunting 400IM and he completed it in 6.32.67, a good PB (roughly 4secs better than his time in the Counties) and giving him 6th place.

On the Sunday Morning, Chloe Golding competed in the 200m Backstroke, achieving a time of 2.44.72. Harry's first race was the 200m Freestyle, in which he managed to get into the finals in 7th position. He was disappointed in his performance but had a chance to improve. The 100m Backstroke came next and this was a heat declared winner race. He fought hard with the swimmer in the next lane, a fantastic race and came 2nd in his heat with an amazing long course time of 1.22.57. He was worried because there were two more swimmers to go (both with national times) and this would mean he would come fourth, just missing out on a medal. He was delighted because both went slower and he ended up with a Silver Medal. In the 200m Freestyle finals Harry finished 5th with a new PB of 2.33.21.

On the 2nd Saturday, Harry competed in the 200m Backstroke, again getting into the final, with a time of 2.54.11. In the final, he came 5th with a time of 2.55.55. It was an early start on the Sunday as Harry was racing the 400m Freestyle, in which he was placed 7th with a time of 5.26.91. This was another 4second PB in a month!

On the Sunday afternoon, Chloe Golding and Chloe Mabbett were racing in the 100m Backstroke, in which Chloe Golding achieved a time of 1.15.27 and Chloe Mabbett, a time of 1.17.84. Harry swam first in the 200m Individual Medley and achieved another PB of 3.00.77 getting him into the final in 5th position. He then swam in the 100m Freestyle finishing 4th with a time of 1.11.61, another PB. Harry learnt a hard lesson, that if you do not refuel following races, your performance suffers and when it came to the final of the 200IM, a combination of nerves, long weekends on poolside and not eating his bananas meant that he finished in 7th place (not bad as he hadn't expected to make the final) with a time of 3.04.68.

Harry had a fantastic Midlands Districts and finished in 6th place in the BAGCAT awards for 10 year old boys out of 43 competitors (this takes into account: SPRINTS- 100m swims, FORM - 200m swim, not freestyle, MEDLEY - individual medley and FREESTYLE - distance freestyle. BAGCAT points are awarded for times achieved.

Evesham Swimmers had a great time at the Midlands - apparently it is all about the Merchandising, as my bank balance shows! They also enjoyed their treat at Subways which was promised at the Counties this year as the picture shows.



Cara Lee, Chloe Mabbett, Chloe Golding and Harry Bamforth enjoying their treat!



Olympic Tickets



- I'm delighted to say that we have the opportunity to apply for Olympic tickets through the ASA. They have an allocation of tickets for selected Acquatic events. They are available for ASA members of clubs affiliated to the West Midland Region via an open ballot.

The application process commences 1st June 2011 and closes Friday 15th July 2011. Application forms are available on the regional website or can be requested by phone, post or email from the regional office. Or found on our website and on the newsletter. Copies can be obtained from the Club Secretary, Kathryn Perry.

The conditions for the application process and ballot are:

- only one application form per ASA member with up to 3 choices of tickets will be accepted.
- only 2 tickets (or 3 as applicable) can be requested.
- applications must be received by midnight on Friday 15th July either by post or email.
- the ballot will be drawn between 18th & 21st July 2011.
- successful applicants will be informed by email (or post if no email is provided) by 31st July 2011.
- payment to be received by 31st August by cheque or bank transfer.
- non payment by that date will result in the tickets being reallocated.

ASA West Midland Region contact details:
Unit 7 Basepoint Business Centre
Isidore Road
Bromsgrove Technology Park
Bromsgrove
B60 3ET

Tel: 01527 888929

email: westmidland@swimming.org

website: www.westmidlandswimming.org

To advertise your business in the Newsletter, please contact
Vanessa Dufty
vanessa@goodflexrubber.com
Tel: 01386 841480

Evesham River Festival

- Put Saturday 9th July in your diary now, as it is Evesham River Festival, on the Workman gardens, from 12 to 11pm.
- This wonderful free event for all the family will include events, races and demonstrations on the river, including the ever popular illuminated parade.
- There will be live bands, John Wood and the Splinters, an Elvis tribute, Andrew James, The Fallows, Second Line, Touch FM, and Vital Statistics childrens performance group.
- Stalls will be open for food and other items, and the day will be rounded off by a spectacular firework display.
- Make sure you don't miss it, see www.eveshamriverfestival.co.uk for more details.

Cathy



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FESTIVAL OF SPORT SPLASH AND DASH RELAY GALA

17th July 2011

Venue Evesham Leisure centre 12.30pm start

PLACES ARE LIMITED TO FIRST 50 ENTRIES

Rules

Entry to this event is free

- Relay teams must have at least one ESC member in each team.
- The Relay will be front crawl only and each swimmer must be able to swim 25m confidently.
- All Teams must report to the registration table by 12.15pm.
- Relay teams will be combine age group categories.
- Medals are awarded to each swimmer whose team comes first in their age group.
- Presentation of medals will take place at the closing ceremony of festival of sport on Sunday 24th July at 5pm market square Evesham.
- Closing date for team entries will be **Monday 4th July** and all entry forms should be handed to Julia Annis.
- Please add swimmers name and age to list below.

Team Name

| Relay Team | Name | Age DOB |
|----------------------|------|---------|
| Swimmer 1 ESC Member | | |
| Swimmer 2 | | |
| Swimmer 3 | | |
| Swimmer 4 | | |

Please circle age group 0-40 40-80 80-120 120-Dead

RELAY TIME FOR TIMEKEEPERS ONLY

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PICNIC

EVESHAM SWIMMING CLUB CENTENARY PICNIC IN THE PARK

SATURDAY 23RD JUNE 2011 1PM ONWARDS
ON THE CROWN MEADOW



- FUN PICNIC
- GAMES GALORE
- OPEN TO EVERYONE, PAST, PRESENT, FUTURE MEMBERS OF ESC, GRANDPARENTS, AUNTIES, EVERYONE
- BRING SANDWICHES, CRISPS, CAKES
- COME AND GO AS SUITS
- FACE PAINTS
- PRIZES



Note: if weather is bad picnic will be cancelled and an email will go out through Swim Club Manager